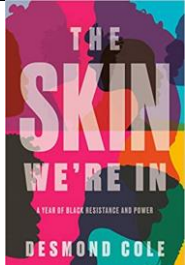
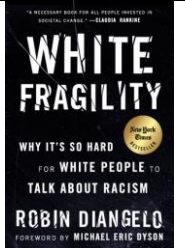
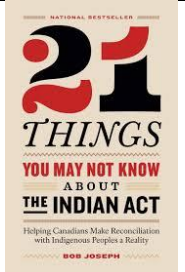
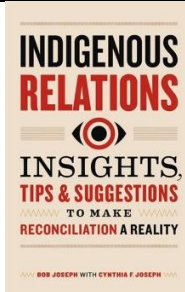
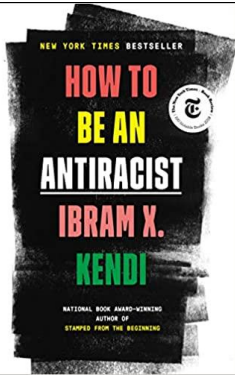


## Choice of Reading on Anti-Racism

The following chart provides a list of title choices selected by the Limestone District School Board.

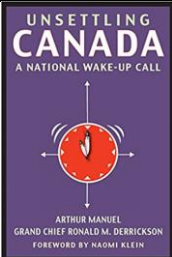
	<p><b>Cole, D. - The Skin We're In</b></p> <p>Both Cole's activism and journalism find vibrant expression in his first book, <i>The Skin We're In</i>. Puncturing the bubble of Canadian smugness and naive assumptions of a post-racial nation, Cole chronicles just one year—2017—in the struggle against racism in this country. It was a year that saw calls for tighter borders when Black refugees braved frigid temperatures to cross into Manitoba from the States, Indigenous land and water protectors resisting the celebration of Canada's 150th birthday, police across the country rallying around an officer accused of murder, and more.</p>
	<p><b>DiAngelo, R. - White Fragility</b></p> <p>Antiracist educator, Robin DiAngelo, deftly illuminates the phenomenon of white fragility and “allows us to understand racism as a practice not restricted to ‘bad people’ (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.</p>
	<p><b>Joseph, B. - 21 Things You May Not Know About the Indian Act</b></p> <p>Since its creation in 1876, the Indian Act has shaped, controlled, and constrained the lives and opportunities of Indigenous Peoples, and is at the root of many enduring stereotypes. Bob Joseph's book comes at a key time in the reconciliation process, when awareness from both Indigenous and non-Indigenous communities is at a crescendo. Joseph explains how Indigenous Peoples can step out from under the Indian Act and return to self-government, self-determination, and self-reliance and why doing so would result in a better country for every Canadian. He dissects the complex issues around truth and reconciliation, and clearly demonstrates why learning about the Indian Act's cruel, enduring legacy is essential for the country to move toward true reconciliation. (<i>From Indigenous Relations Press</i>)</p>
	<p><b>Joseph, B., and Joseph, C. - Indigenous Relations: Insights, Tips &amp; Suggestions to Make Reconciliation a Reality</b></p> <p>We are all treaty people. But what are the everyday impacts of treaties, and how can we effectively work toward reconciliation if we're worried our words and actions will unintentionally cause harm?</p> <p><i>Indigenous Relations</i> equips you with the necessary knowledge to respectfully avoid missteps in your work and daily life, and offers an eight-part process to help business and government work more effectively with Indigenous Peoples—benefitting workplace culture as well as the bottom line. <i>Indigenous Relations</i> is an invaluable tool for anyone who wants to improve their cultural competency and undo the legacy of the <i>Indian Act</i>.</p>



**Kendi, I. X. - How to be an Anti-Racist**

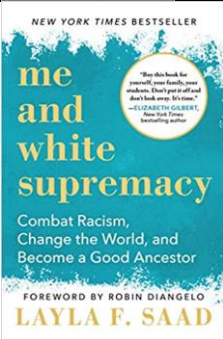
Ibram X. Kendi's concept of antiracism reenergizes and reshapes the conversation about racial justice in America--but even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other. Instead of working with the policies and system we have in place, Kendi asks us to think about what an antiracist society might look like, and how we can play an active role in building it.

In his memoir, Kendi weaves together an electrifying combination of ethics, history, law, and science--including the story of his own awakening to antiracism--bringing it all together in a cogent, accessible form. He begins by helping us rethink our most deeply held, if implicit, beliefs and our most intimate personal relationships (including beliefs about race and IQ and interracial social relations) and reexamines the policies and larger social arrangements we support. *How to Be an Antiracist* promises to become an essential book for anyone who wants to go beyond an awareness of racism to the next step of contributing to the formation of a truly just and equitable society.



**Manuel, A. and Derrickson, R. - Unsettling Canada: A National Wake-Up Call**

As the son of George Manuel, who served as president of the National Indian Brotherhood and founded the World Council of Indigenous Peoples in the 1970s, Arthur Manuel was born into the struggle. From his unique and personal perspective, as a Secwepemc leader and an Indigenous activist who has played a prominent role on the international stage, Arthur Manuel describes the victories and failures, the hopes and the fears of a generation of activists fighting for Aboriginal title and rights in Canada. *Unsettling Canada* chronicles the modern struggle for Indigenous rights covering fifty years of struggle over a wide range of historical, national, and recent international breakthroughs.



**Saad, L. Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor**

This eye-opening book challenges you to do the essential work of unpacking your biases, and helps white people take action and dismantle the privilege within themselves so that you can stop (often unconsciously) inflicting damage on people of color, and in turn, help other white people do better, too.

Based on the viral Instagram challenge that captivated participants worldwide, *Me and White Supremacy* takes readers on a 28-day journey, complete with journal prompts, to do the necessary and vital work that can ultimately lead to improving race relations. This text helps you take the work deeper by adding more historical and cultural contexts, sharing moving stories and anecdotes, and including expanded definitions, examples, and further resources, giving you the language to understand racism, and to dismantle your own biases. This book will walk you step-by-step through the work of examining:

- ☑ Examining your own white privilege
- ☑ What allyship really means
- ☑ Anti-blackness, racial stereotypes, and cultural appropriation
- ☑ Changing the way that you view and respond to race